

# **Comprehensive Advanced Prostate Cancer Program**



PREMIER *medical group*

# What is a Comprehensive Advanced Prostate Cancer Program?

Premier Medical Group's Comprehensive Advanced Prostate Cancer Program was designed for patients with advanced prostate cancer who have disease progression. Our comprehensive approach combines the latest treatment options available, with a team of dedicated and experienced clinicians that specialize in advanced prostate cancer.

## The Comprehensive Advanced Prostate Cancer Program is for Patients who:

- Have been diagnosed with advanced prostate cancer
- Do not know all of the available treatment choices
- Want to evaluate all the options
- Need guidance or have questions about available therapies
- Are undecided about which treatment to choose

## What is a Tumor Board?

Premier's Comprehensive Advanced Prostate Cancer Program holds regularly scheduled meetings - called tumor boards - to discuss each patient's case.

A tumor board is a multidisciplinary meeting where patient cases are discussed in significant detail. Multiple specialists such as Urologists, Medical Oncologists, and Radiation Oncologists share expertise and best practices to develop recommended treatment strategies for each patient's case.

# Meet The Team

Premier Medical Group's Comprehensive Advanced Prostate Cancer Program brings patients and family members together with highly skilled urologists, medical oncologists, treatment specialists and the patient navigator to discuss the different treatment options.



**Naeem Rahman, M.D.**  
*Urology Medical Director*



**Evan R. Goldfischer, M.D., MBA, FACS**  
*Urology Clinical Research Director*



**David M. Boss, PA-C**  
*Oncology Program Champion*



**Jeanie Loeffel, RN**  
*Oncology Nurse Navigator*



**James Leonardo, M.D.**  
*Medical Oncologist*  
HealthQuest  
Medical Practice



**Dimitri Papadopoulos, M.D.**  
*Radiation Oncologist*



**Scott Kahn, M.D., FACS**  
*Urologist*



**Jason Krumholtz, M.D.**  
*Urologist*

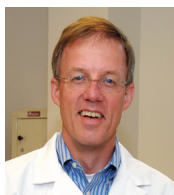
# Team Continued...



**Yu-Kuan Lin, M.D.**  
*Urologist*



**Walter Parker, M.D.**  
*Urologist*



**Paul Pietrow, M.D.,  
FACS**  
*Urologist*



**Jaspreet Singh, D.O.**  
*Urologist*



**Michael Solliday, M.D.**  
*Urologist*



**Praneeth  
Venulapalli, M.D.**  
*Urologist*

## About Androgen Deprivation Therapy Treatment (ADT)

Prostate cell growth, including prostate cancer, is driven by androgen hormones. Testosterone is the main male sex hormone (or androgen), which is produced by the testicles and adrenal glands. It is vital in reproductive and sexual function, as well as maintaining a sense of well-being, and maintaining strength and muscle masses. By eliminating this hormone, the growth of prostate cancer is halted. This is known as hormone therapy, or Androgen Deprivation Therapy (ADT), and is the standard first line treatment when prostate cancer has spread and become metastatic prostate cancer.

Your doctor will speak with you about the different types of ADT available and what is best for you, depending on your specific needs and situation. Premier Medical Group uses ADT injections for advanced prostate cancer including Lupron™ and Firmagon™. These medications block the messages from the brain to make testosterone.

ADT can cause side effects such as loss of libido, erectile difficulties, hot flashes, fatigue, weight gain, loss of muscle mass and strength, and risk of heart disease. Thinning bones is also a side effect of ADT and must be monitored closely. Monoclonal antibodies, or denosumab, is used to treat bone loss – and are often prescribed to prevent bone damage during ADT treatment. Denosumab is given as an injection in the form of Prolia™ and Xgeva™. Xgeva™ is given every 28 days if the cancer has progressed and is no longer receptive to hormone therapy.

ADT will effectively decrease your PSA which, in addition to CT scans and Bone Scans, will determine if your cancer is responding to treatment. Typically ADT will remain effective for some period of time (1-2 years); however, prostate cancer usually progresses as the cancer cells adapt to the change in the testosterone level. The cancer is then referred to as “castrate resistant disease”.

New generation hormonal therapies are constantly being developed, which may still work even with a rising PSA with low testosterone levels. The types of treatment available when this happens depend on what treatments you previously had, your symptoms, and how the cancer is progressing. Some treatments control the cancer while others control the symptoms, and some do both. The best treatment at this point is the one that suits your individual needs and situation. Premier's Clinical Research Department participates in many clinical research trials for cutting edge therapies and we are proud to be able to offer our patients access to new treatments and medications.

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# Patient Portal

*Manage Your Healthcare Online, Anytime*

Premier's online Patient Portal serves as another step towards creating more efficient and effective communication between you and our office. The Patient Portal is part of your personal electronic health record, and allows patients to conveniently access their health information from the comfort of their home or office. Patient Portal can also be used to communicate with the practice easily and safely. Using a secure password, patients can log into the online Patient Portal

## 24 hours a day, 7 days a week to:

- Request an appointment and view past and scheduled appointments
- Cancel an appointment
- Request a refill of a prescription
- Download copies of medication lists and patient medication education literature
- Send a secure message to the practice
- View personal health information
- View your billing statements and pay your bill online
- Update demographic, medical and surgical history, and allergy and medication information

## *How do I Sign up for the Patient Portal?*

Signing up for the Patient Portal couldn't be easier: all you need is a valid e-mail address and an internet connection! To enroll, stop by the front desk and speak to any of our staff.

They will enter your e-mail address into our system and provide you a secure ID along with instructions on how to finish the enrollment process at home or on your smartphone.

If you have any questions or concerns please call 845.437.3803

**PATIENT RESOURCES:****American Cancer Society**

[cancer.org/cancer/prostatecancer/index](https://cancer.org/cancer/prostatecancer/index)

**Cancer Care**

[cancercare.org/diag](https://cancercare.org/diag)

**Malecare**

[malecare.org](https://malecare.org)

**Men's Health Network**

[menshealthnetwork.org](https://menshealthnetwork.org)

**National Cancer Institute: Prostate Cancer**

[cancer.gov/cancertopics/types/prostate](https://cancer.gov/cancertopics/types/prostate)

**Patient Access Network**

[panfoundation.org](https://panfoundation.org)

**Prostate Cancer Facts.com**

[ProstateCancerFacts.com](https://ProstateCancerFacts.com)

**Prostate Cancer Foundation**

[pcf.org](https://pcf.org)

**US Dept of Veterans Affairs**

[va.gov/health/index.asp](https://va.gov/health/index.asp)

**Us Too International Prostate Cancer  
Education and Support Network**

[Ustoo.org](https://Ustoo.org)

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