



Comprehensive Advanced Prostate Cancer Program



PREMIER *medical group*

What is a Comprehensive Advanced Prostate Cancer Program?

Premier Medical Group's Comprehensive Advanced Prostate Cancer Program was designed for patients with advanced prostate cancer who have disease progression. Our comprehensive approach combines the latest treatment options available, with a team of dedicated and experienced clinicians that specialize in advanced prostate cancer.

The Comprehensive Advanced Prostate Cancer Program is for Patients who:

- Have been diagnosed with advanced prostate cancer
- Do not know all of the available treatment choices
- Want to evaluate all the options
- Need guidance or have questions about available therapies
- Are undecided about which treatment to choose

What is a Tumor Board?

Premier's Comprehensive Advanced Prostate Cancer Program holds regularly scheduled meetings - called tumor boards - to discuss each patient's case.

A tumor board is a multidisciplinary meeting where patient cases are discussed in significant detail. Multiple specialists such as Urologists, Medical Oncologists, and Radiation Oncologists share expertise and best practices to develop recommended treatment strategies for each patient's case.

Meet The Team

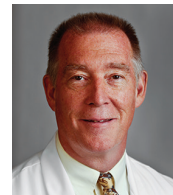
Premier Medical Group's Comprehensive Advanced Prostate Cancer Program brings patients and family members together with highly skilled urologists, medical oncologists, treatment specialists and the patient navigator to discuss the different treatment options.



Naeem Rahman, M.D.
Urology Medical Director



Evan R. Goldfischer, M.D., MBA, FACS
Urology Clinical Research Director



David M. Boss, PA-C
Oncology Program Champion



Jeanie Loeffel, RN
Oncology Nurse Navigator



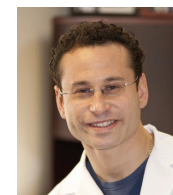
James Leonardo, M.D.
Medical Oncologist
HealthQuest
Medical Practice



Dimitri Papadopoulos, M.D.
Radiation Oncologist

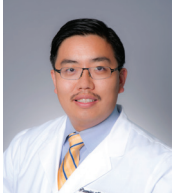


Scott Kahn, M.D., FACS
Urologist

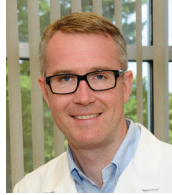


Jason Krumholtz, M.D.
Urologist

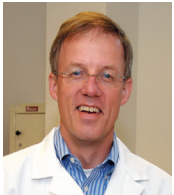
Team Continued...



Yu-Kuan Lin, M.D.
Urologist



Walter Parker, M.D.
Urologist



**Paul Pietrow, M.D.,
FACS**
Urologist



Jaspreet Singh, D.O.
Urologist



Michael Solliday, M.D.
Urologist



**Praneeth
Venulapalli, M.D.**
Urologist

About Androgen Deprivation Therapy Treatment (ADT)

Prostate cell growth, including prostate cancer, is driven by androgen hormones. Testosterone is the main male sex hormone (or androgen), which is produced by the testicles and adrenal glands. It is vital in reproductive and sexual function, as well as maintaining a sense of well-being, and maintaining strength and muscle masses. By eliminating this hormone, the growth of prostate cancer is halted. This is known as hormone therapy, or Androgen Deprivation Therapy (ADT), and is the standard first line treatment when prostate cancer has spread and become metastatic prostate cancer.

Your doctor will speak with you about the different types of ADT available and what is best for you, depending on your specific needs and situation. Premier Medical Group uses ADT injections for advanced prostate cancer including Lupron™ and Firmagon™. These medications block the messages from the brain to make testosterone.

ADT can cause side effects such as loss of libido, erectile difficulties, hot flashes, fatigue, weight gain, loss of muscle mass and strength, and risk of heart disease. Thinning bones is also a side effect of ADT and must be monitored closely. Monoclonal antibodies, or denosumab, is used to treat bone loss – and are often prescribed to prevent bone damage during ADT treatment. Denosumab is given as an injection in the form of Prolia™ and Xgeva™. Xgeva™ is given every 28 days if the cancer has progressed and is no longer receptive to hormone therapy.

ADT will effectively decrease your PSA which, in addition to CT scans and Bone Scans, will determine if your cancer is responding to treatment. Typically ADT will remain effective for some period of time (1-2 years); however, prostate cancer usually progresses as the cancer cells adapt to the change in the testosterone level. The cancer is then referred to as “castrate resistant disease”.

New generation hormonal therapies are constantly being developed, which may still work even with a rising PSA with low testosterone levels. The types of treatment available when this happens depend on what treatments you previously had, your symptoms, and how the cancer is progressing. Some treatments control the cancer while others control the symptoms, and some do both. The best treatment at this point is the one that suits your individual needs and situation. Premier’s Clinical Research Department participates in many clinical research trials for cutting edge therapies and we are proud to be able to offer our patients access to new treatments and medications.

Find us on Facebook

for the latest news and healthy tips.

 facebook.com/premiermedicalgroup/hv



Visit us online to learn more

about our services and physicians at premiermedicalhv.com.



Patient Portal

Manage Your Healthcare Online, Anytime

Premier's online Patient Portal serves as another step towards creating more efficient and effective communication between you and our office. The Patient Portal is part of your personal electronic health record, and allows patients to conveniently access their health information from the comfort of their home or office. Patient Portal can also be used to communicate with the practice easily and safely. Using a secure password, patients can log into the online Patient Portal

24 hours a day, 7 days a week to:

- Request an appointment and view past and scheduled appointments
- Cancel an appointment
- Request a refill of a prescription
- Download copies of medication lists and patient medication education literature
- Send a secure message to the practice
- View personal health information
- View your billing statements and pay your bill online
- Update demographic, medical and surgical history, and allergy and medication information

How do I Sign up for the Patient Portal?

Signing up for the Patient Portal couldn't be easier: all you need is a valid e-mail address and an internet connection! To enroll, stop by the front desk and speak to any of our staff.

They will enter your e-mail address into our system and provide you a secure ID along with instructions on how to finish the enrollment process at home or on your smartphone.

If you have any questions or concerns please call 845.437.3803

PATIENT RESOURCES:**American Cancer Society**

cancer.org/cancer/prostatecancer/index

Cancer Care

cancercare.org/diag

Malecare

malecare.org

Men's Health Network

menshealthnetwork.org

National Cancer Institute: Prostate Cancer

cancer.gov/cancertopics/types/prostate

Patient Access Network

panfoundation.org

Prostate Cancer Facts.com

ProstateCancerFacts.com

Prostate Cancer Foundation

pcf.org

US Dept of Veterans Affairs

va.gov/health/index.asp

**Us Too International Prostate Cancer
Education and Support Network**

Ustoo.org

1 Columbia Street, Suite 302, Poughkeepsie, NY 12601
845.437.5000 | www.premiermedicalhv.com