

Health Professional Directory

AN INTRODUCTION TO PREMIER MEDICAL GROUP



PREMIER *medical group*

About Premier Medical Group

Premier Medical Group offers comprehensive, integrated care providing patients with access to state-of-the-art procedures, advanced technology, excellent customer service and medical expertise. As a multi-specialty medical practice, Premier Medical Group offers depth of care in both medical and surgical specialties.

Thirteen experienced urologists provide a full range of treatment for urological care including, prostate care, urinary incontinence, overactive bladder, prostate, bladder and kidney cancers, kidney stones, female and male sexual dysfunction, fertility services, and vasectomy. We also offer services through The Women's Health and Wellness Center at Premier; the Hudson Valley's premier center for treatment of female pelvic disorders, female sexual health issues, and gynecological health.

Fourteen highly trained gastroenterologists focus on digestive tract disorders. These include screenings and treatment for liver disease, celiac disease, heartburn, colitis, ulcers, hernia, lactose intolerance testing, Crohn's disease, and colon cancer. In addition, both the Poughkeepsie and New Windsor offices provide state of the art endoscopy centers for the convenience of our patients.

Our sixteen internal medicine physicians offer years of experience in the fields of general internal medicine, family practice, pulmonology, endocrinology and nephrology. Our team is large enough to offer patients a wide-range of services yet small enough to provide highly personalized care. The expertise of our physicians is complemented by the availability and experience of our allied professionals including physician assistants and nurse practitioners.



Four board certified podiatrists specialize in treating foot and ankle disorders, both medically and surgically. Our podiatrists are keenly aware of how treating the feet and ankles relates to patients' total health care needs – always keeping this in mind as they work with the patient to find the best treatment option.

The Rheumatology division of Premier specializes in state-of-the-art management of rheumatoid arthritis, lupus, sjogren's syndrome, scleroderma, gout, pseudogout, vasculitis, osteoarthritis and osteoporosis among many other musculoskeletal and autoimmune disorders.

Premier's Dermatology division focuses on medical dermatology as well as a wide array of aesthetic dermatologic procedures, such as Botox® and soft tissue fillers.

Premier's Pediatric division is comprised of six board certified pediatricians that specialize in caring for children from birth to age 21 and providing them with the highest quality pediatric care in the Hudson Valley.



The Neurology division of Premier provides comprehensive evaluation and treatment of all adult neurological disorders that involve the brain and nervous system.

Premier's Cardiology division consists of three highly skilled cardiologists offering expert consultation and patient evaluation, as well as the most advanced diagnostic and treatment techniques.

The expertise of our physicians is complemented by the availability and experience of our allied professionals including physician assistants and nurse practitioners.

Premier Medical Group has the distinction of being one of the largest providers of clinical research in a private practice setting. This offers patients the opportunity to benefit from



the latest treatments and therapies. Our Clinical Research department services patients in our Poughkeepsie and New Windsor offices. Premier also has its own clinical and pathology labs, and radiology department, offering on-site CT, ultrasound and x-ray services.

At Premier, patients are afforded more than just great medical care, they are provided exceptional customer service and consideration. With offices in Poughkeepsie, Fishkill, Kingston, Newburgh, and New Windsor there is no need to travel for the specialty care you deserve.

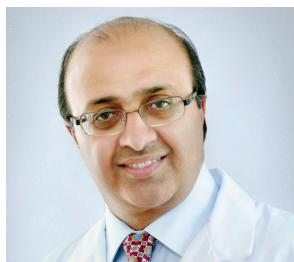
GASTROENTEROLOGY

We offer a range of specialized medical services that include colonoscopy for colon cancer screening, upper endoscopy to study the upper GI tract, capsule endoscopy for diagnosis of small bowel disorders, the BRAVO monitoring system to evaluate acid reflux disease, motility studies and Hydrogen Breath testing.

GI OFFICE LOCATIONS

- **955 Little Britain Road**
New Windsor, NY 12553
Tel: 845-562-0740
- **Cecilwood Prof. Building**
969 Main Street, Suite 5
Fishkill, NY 12524
Tel: 845-471-9410

- **Medical Arts Building**
243 North Road
Poughkeepsie, NY 12601
Tel: 845-471-9410



Khurram I. Ashraf, D.O.

AREAS OF EXPERTISE:

- Upper gastrointestinal endoscopy (EGD), colonoscopy, EUS & FNA
- Gastrointestinal malignancies
- Gallstones & bile duct stones
- Infrared coagulation of hemorrhoids

OFFICE(S):

Poughkeepsie - North Road
Fishkill - Cecilwood Prof. Building



Salvatore M. Buffa, M.D.

AREAS OF EXPERTISE:

- Upper gastrointestinal endoscopy (EGD), colonoscopy
- Biliary endoscopy (ERCP)
- Feeding tube placement (PEG)
- Colon cancer
- Esophageal diseases

OFFICE(S):

Poughkeepsie - North Road
Fishkill - Cecilwood Prof. Building



Robert S. Dean, M.D.

AREAS OF EXPERTISE:

- Barrett's esophagus
- Pancreatic and biliary diseases
- Therapeutic endoscopy
- Upper gastrointestinal endoscopy (EGD), colonoscopy

OFFICE(S):

Poughkeepsie - North Road



Farshad Elmi, M.D., FACG

AREAS OF EXPERTISE:

- General gastroenterology
- Pancreatobiliary diseases
- Upper gastrointestinal endoscopy (EGD)
- Colonoscopy, ERCP, EUS & FNA of various GI lesions

OFFICE(S):

Poughkeepsie - North Road
Fishkill - Cecilwood Prof. Building



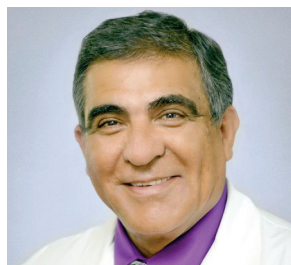
Madhavi Gaddam, M.D., FACG

AREAS OF EXPERTISE:

- Colonoscopy and Endoscopy
- Hemorrhoidal Banding
- Acid Reflux (GERD)
- Irritable Bowel Syndrome (IBS)
- Diverticulosis
- Lactose Intolerance
- Celiac Disease
- Peptic Ulcer Disease
- Colon Cancer

OFFICE(S):

Poughkeepsie - North Road
Fishkill - Cecilwood Prof. Building



Sunil K. Khurana, M.D., FACG

AREAS OF EXPERTISE:

- Crohn's disease
- Celiac disease
- Ulcerative colitis
- Upper gastrointestinal endoscopy (EGD) & colonoscopy

OFFICE(S):

Poughkeepsie - North Road
Fishkill - Cecilwood Prof. Building



Simona Meca, M.D.

AREAS OF EXPERTISE:

- Colonoscopy and Endoscopy
- Acid Reflux (GERD)
- Irritable Bowel Syndrome (IBS)
- Diverticulosis
- Food Intolerances
- Celiac Disease
- Peptic Ulcer Disease
- Colon Cancer

OFFICE(S):

Poughkeepsie - North Road
Fishkill - Cecilwood Prof. Building



Arif M. Muslim, M.D., FACG

AREAS OF EXPERTISE:

- Inflammatory bowel disease
- Liver diseases
- Upper gastrointestinal endoscopy (EGD) & colonoscopy, including ERCP
- Infrared coagulation of hemorrhoids

OFFICE(S):

New Windsor



Zana Nikolla, M.D.

AREAS OF EXPERTISE:

- General gastroenterology
- Colonoscopy and Endoscopy
- Motility disorders of the esophagus, including pH monitoring
- Anorectal manometry
- Fecal incontinence
- Irritable bowel syndrome

OFFICE(S):

Poughkeepsie - North Road
Fishkill - Cecilwood Prof. Building



Tamer Sargios, M.D., FACC

AREAS OF EXPERTISE:

- Colonoscopy and Endoscopy
- Acid Reflux (GERD)
- Irritable Bowel Syndrome (IBS)
- Diverticulosis
- Food Intolerances
- Celiac Disease
- Peptic Ulcer Disease
- Colon Cancer
- Obesity Medicine

OFFICE(S):

Poughkeepsie - North Road
Fishkill - Cecilwood Prof. Building



Farah Toyserkani, M.D.

AREAS OF EXPERTISE:

- Colonoscopy and Endoscopy
- Acid Reflux (GERD)
- Irritable Bowel Syndrome (IBS)
- Diverticulosis
- Food Intolerances
- Celiac Disease
- Peptic Ulcer Disease
- Colon Cancer

OFFICE(S):

Poughkeepsie - North Road
Fishkill - Cecilwood Prof. Building



Peter M. Varunok, M.D., FACC

AREAS OF EXPERTISE:

- Hepatitis B and C
- Hepatology
- Liver disease
- Research for Hepatitis C and other liver diseases
- Upper gastrointestinal endoscopy (EGD), colonoscopy

OFFICE(S):

Poughkeepsie - North Road



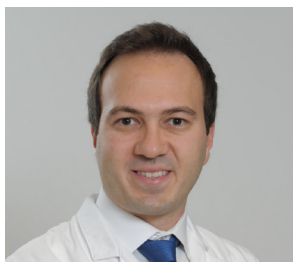
Elizabeth Williams, D.O.

AREAS OF EXPERTISE:

- Upper gastrointestinal endoscopy (EGD) & colonoscopy
- Gastrointestinal nutrition
- Celiac disease
- Inflammatory bowel disease
- Irritable bowel syndrome
- GERD
- Pancreatitis
- Nutrition

OFFICE(S):

Poughkeepsie - North Road



Majed Zouhairi, M.D.

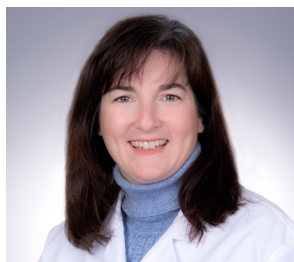
AREAS OF EXPERTISE:

- Upper gastrointestinal endoscopy (EGD) & colonoscopy
- Push enteroscopy
- Liver diseases
- Diagnosis and management of gastrointestinal malignancies
- Obesity Medicine

OFFICE(S):

New Windsor

GASTROENTEROLOGY ALLIED PROFESSIONALS:



Lori Brown-Halbert, FNP-BC

OFFICE(S):

Poughkeepsie - North Road



Thanh ho Nguyen, PA-C

OFFICE(S):

New Windsor



**Theresa
Zangerle-McArtin, RD, CDN**

OFFICE(S):

Poughkeepsie - North Road

ENDOCRINOLOGY

Premier provides endocrinology services for patients with a wide variety of endocrine and metabolic disorders, including type 1 and type 2 diabetes mellitus, hyperparathyroidism and hypoparathyroidism, thyroid and adrenal disease, cholesterol and lipid disorders and more. We offer our patients access to the latest treatments and medical therapies available.



Carol E. Miyake, M.D.

AREA OF EXPERTISE

- Endocrinology

OFFICE LOCATION

Atrium at MidHudson Regional Hospital
1 Webster Avenue, Suite 301, Poughkeepsie, NY 12601
845-790-6100

400 Westage Business Center Drive, Fishkill, NY 12524
845-838-8480



C. Ranjan Nath, M.D., FACP, FRCP, FACE

AREA OF EXPERTISE

- Endocrinology

OFFICE LOCATION

400 Westage Business Center Drive
Suite 205
Fishkill, NY 12524

UROLOGY

Premier Medical Group's Urology division is one of the finest providers of comprehensive urologic services in the Hudson Valley and Northeast. Established over 40 years ago, today we maintain offices in 4 locations, in Dutchess County, Ulster County, and Orange County.

Leaders in their field, each of our physicians is trained in general urology as well as in at least one sub-specialty such as urologic cancers, urinary incontinence, pelvic prolapse, infertility, erectile dysfunction, robotic and laparoscopic surgery, and kidney stone disease.

Premier Medical Group is proud to offer patients state-of-the-art urological treatment, medical expertise and outstanding patient care.

OFFICE LOCATIONS

- **50 Eastdale Avenue North,**
Poughkeepsie, NY 12603
Tel: 845-437-5000
- **111 Mary's Avenue,**
Suite 4, Kingston, NY 12401
Tel: 845-437-5000
- **955 Little Britain Road**
New Windsor, NY 12553
Tel: 845-437-5000
- **400 Westage Business Center Dr.**
Suite 210, Fishkill, NY 12524
Tel: 845-437-5000

Premier Telemedicine - Advanced Care at Your Fingertips!

To sign up for a Telemedicine appointment please call your provider's office. Our helpful staff will consult with your provider to see if you are a good candidate for Telemedicine.

Learn more: www.PMGtelemedicine.com



**Evan R. Goldfischer, M.D.,
MBA, FACS**

AREAS OF EXPERTISE:

- Kidney stones
- Erectile dysfunction
- Male and female sexual dysfunction
- Advanced prostate cancer
- Clinical Research

OFFICE(S):

Poughkeepsie - Eastdale



Scott Kahn, M.D., FACS

AREAS OF EXPERTISE:

- Urological oncology
- Benign prostate hyperplasia
- Treatment of urinary tract stones

OFFICE(S):

Poughkeepsie - Eastdale



Daniel Katz, M.D., FPM-RS

AREAS OF EXPERTISE:

- Urinary incontinence
- Overactive bladder
- Pelvic floor prolapse
- Robotic surgery for prolapse repair
- Minimally invasive surgery
- Female sexual dysfunction
- Vaginal Laser Rejuvenation

OFFICE(S):

Poughkeepsie - Eastdale



Jason Krumholtz, M.D.

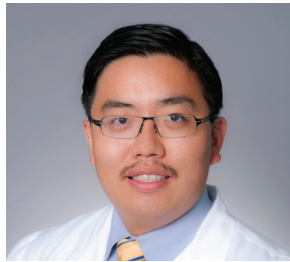
AREAS OF EXPERTISE:

- Male infertility
- Scalpel free vasectomy
- Vasectomy reversal
- Microsurgical varicocelectomy
- Ejaculatory disorders
- Microsurgical sperm retrieval for IVF

OFFICE(S):

Poughkeepsie - Eastdale

Fishkill - Westage Business Center



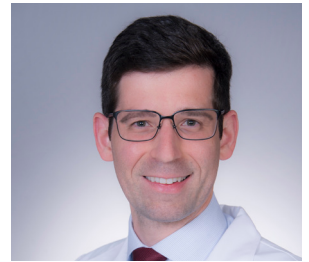
Yu-Kuan Lin, M.D.

AREAS OF EXPERTISE:

- Benign prostate hyperplasia
- Kidney stones
- Robotic surgery
- Urologic cancer

OFFICE(S):

New Windsor - Litte Britain Road for IVF



Neil J. Kocher, M.D.

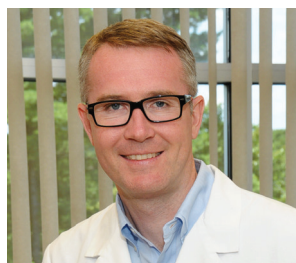
AREAS OF EXPERTISE:

- Urinary incontinence
- Overactive bladder
- Pelvic floor prolapse
- Female sexual dysfunction
- Robotic surgery

OFFICE(S):

Poughkeepsie - Eastdale

Fishkill - Westage Business Center



Walter Parker, M.D.

AREAS OF EXPERTISE:

- Urological cancers
- Robotic surgery using da Vinci surgical system

OFFICE(S):

Poughkeepsie - Eastdale
Kingston - Mary's Ave.



Paul K. Pietrow, M.D., FACS

AREAS OF EXPERTISE:

- Kidney stones
- Urologic cancers with a special emphasis on kidney
- Minimally invasive surgery
- Laparoscopic and robotic surgery
- Benign prostate hyperplasia

OFFICE(S):

Poughkeepsie - Eastdale
Kingston - Mary's Ave.



Paul A. Pomerantz, M.D., FACS

AREAS OF EXPERTISE:

- General urology
- Kidney stone disease
- Urologic cancers

OFFICE(S):

New Windsor - Little Britain Road



Jaspreet Singh, D.O.

AREAS OF EXPERTISE:

- Erectile dysfunction and penile prosthesis
- Urologic cancers, including robotic and laparoscopic surgery
- Male and female urinary incontinence
- Urethral reconstruction

OFFICE(S):

New Windsor - Little Britain Road
Kingston - Mary's Ave.



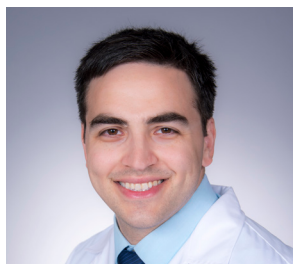
Michael Solliday, M.D.

AREAS OF EXPERTISE:

- Urological oncology
- Erectile dysfunction, including penile prosthesis and reconstructive surgery

OFFICE(S):

Poughkeepsie - Eastdale



Michael Stern, M.D.

AREAS OF EXPERTISE:

- General urology
- Kidney stones
- Enlarged prostate
- Urinary Retention
- Kidney Obstruction
- Kidney Cancer

OFFICE(S):

New Windsor - Little Britain Road
Kingston - Mary's Ave.



Praneeth Vemulapalli, M.D.

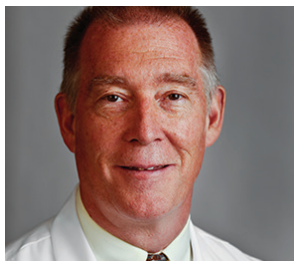
AREAS OF EXPERTISE:

- Minimally invasive and endoscopic surgery
- Urological oncology Kidney stone disease
- Urinary incontinence and overactive bladder
- Benign prostate hyperplasia

OFFICE(S):

New Windsor - Little Britain Road
Kingston - Mary's Ave.
Poughkeepsie - Eastdale

ALLIED PROFESSIONALS:



David M. Boss, PA-C

OFFICE(S):

Kingston - Mary's Ave.



Teresa Fotino, PA-C

OFFICE(S):

New Windsor



Rachel Germano, FNP-BC

OFFICE(S):

Poughkeepsie - Eastdale



Joanne Growney, ANP-BC

OFFICE(S):

Poughkeepsie - Eastdale



Kevin Torrens, PA-C

OFFICE(S):

Poughkeepsie - Eastdale

Save Time and Schedule Your Appointment Online!

Premier is happy to offer online appointment scheduling. Simply visit our website and click on the "Schedule an Appointment" button.

THE WOMEN'S HEALTH & WELLNESS CENTER AT PREMIER

OFFICE LOCATION

● **955 Little Britain Road**
New Windsor, NY 12553
Tel: 845-437-5000

● **400 Westage Business Center Drive**
Suite 210, Fishkill, NY 12524
Tel: 845-437-5000

● **50 Eastdale Avenue North**
Poughkeepsie, NY 12603
Tel: 845-437-5000



*The Women's
Health & Wellness Center
at PREMIER*

Women of every age and stage need individualized care in a compassionate, supportive environment.

That's why we've created the Women's Health & Wellness Center at Premier for comprehensive gynecological and urological medicine.

Women of all ages have specialized health needs, from menstruation, through the fertile years, to menopause and beyond. There are a variety of disorders or dysfunctions that can occur at any age in the urinary or reproductive systems. That's why we've created the Women's Health & Wellness Center at Premier for comprehensive gynecological and urological medicine. Our multidisciplinary team of experienced urology and gynecology specialists, led by Dr. Daniel Katz, understand the personal nature of these conditions and provide compassionate care and take the time to listen and explain what is happening in your body.

Urology and sexual health specialists

Our kind and knowledgeable providers understand that certain health concerns in a woman's life can be difficult to discuss with others, even her physician. Issues like female urinary incontinence, female pelvic organ prolapse, female sexual health issues and more. In addition to causing discomfort, inconvenience and sometimes pain, these health problems often cause embarrassment and can negatively impact quality of life. While some women may think that these problems are a natural part of the aging process, they are not. It is important to know these issues are, in most cases, very treatable.

Gynecology specialists

Women's health needs change throughout your life in important ways. The gynecologists at Premier's Gynecology department understand these evolving needs and partner with you to keep you healthy for many years to come. Premier's providers offer patient-centered and multidisciplinary care to women for a full range of gynecological concerns, emphasizing preventive care to ensure you catch any problems early. If you need treatment, we work with you to determine the most effective course of action, preferring non-invasive or minimally invasive procedures whenever possible.



Daniel Katz, M.D., FPM-RS

AREAS OF EXPERTISE:

- Urinary incontinence
- Overactive bladder
- Pelvic floor prolapse
- Robotic surgery for prolapse repair
- Minimally invasive surgery for incontinence and overactive bladder
- Female sexual dysfunction
- Vaginal Laser Rejuvenation



Lawrence Zolnik, M.D.

AREAS OF EXPERTISE:

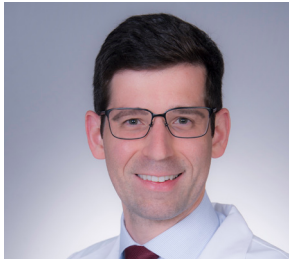
- Women's Health – Gynecology



Donna Kasello, M.D., FACOG

AREAS OF EXPERTISE:

- Hormonal Imbalances
- Menopausal Issues
- Women's Sexual Health
- Integrative Medicine



Neil J. Kocher, M.D.

AREAS OF EXPERTISE:

- Urinary incontinence
- Overactive bladder
- Pelvic floor prolapse
- Female sexual dysfunction
- Robotic surgery

- Bladder Conditions
- Pelvic Floor Disorders
- Pelvic Pain & Related Sexual Dysfunction
- Vaginal Laser Rejuvenation
- Hormonal Imbalances
- Women's Sexual Health
- Gynecology
- Minimally Invasive
- Prolapse Repair
- Fertility Services
- Gynecologic & Urologic Surgery
- Irregular Menstruation
- Overactive Bladder
- Urinary Infections
- DaVinci Surgical System Minimally Invasive Surgery
- Menopause and Post-Menopausal Health
- Bladder Botox Injection
- Vaginal Hysterectomy
- Cervical Cancer Screening

INTERNAL MEDICINE

We offer primary health care services throughout the Hudson Valley with providers who manage and coordinate a patient's healthcare needs, prevention and wellness strategies, and appropriate health screening tests.

With our electronic medical record system, our providers have instant access to a patient's records from any provider in our practice allowing for more cohesive and responsive care.

Premier Medical Group is one of the few medical practices to maintain its own pathology lab and radiology department including a CT scanner, ultrasound, and x-ray services, and on site phlebotomy services, providing our patients with fast and accurate test results.

OFFICE LOCATIONS

- **3125 Route 9W, Suite 201**
New Windsor, NY 12553
Tel: 845-561-8500
- **Atrium at MidHudson Regional Hospital**
1 Webster Avenue, Suite 301
Poughkeepsie, NY 12601
Tel: 845-790-6100
- **400 Westage Business Center Drive**
Suite 210, Fishkill, NY 12524
Tel: 845-838-8480
- **696 Dutchess Turnpike**
Poughkeepsie, NY 12603
Tel: 845-454-8200
- **Medical Arts Building**
243 North Road, Suite 103
Poughkeepsie, NY 12601
Dr. Pavels: 845-454-4600
- **Medical Arts Building**
243 North Road, Suite 204
Poughkeepsie, NY 12601
Drs. Cho & Sargios: 845-451-7271
Dr. Levine: 845-451-7205
- **21 Springside Avenue**
Poughkeepsie, NY 12603
Dr. Pedevillano: 845-454-0244
Dr. Robinson: 845-485-2720

To learn more, visit:

www.premiermedicalhv.com/InternalMedicine



Saba Afzal, M.D.

AREAS OF EXPERTISE:

- Family Medicine

OFFICE(S):

Fishkill - Westage Business Center



Manisha Bhutani, M.D.

AREAS OF EXPERTISE:

- Internal Medicine
- Geriatrics
- Dementia
- Chronic Care

OFFICE(S):

Fishkill - Westage Business Center



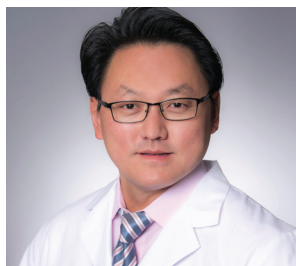
Andrew J. Chernack, M.D.

AREAS OF EXPERTISE:

- Family Medicine

OFFICE(S):

Poughkeepsie - Atrium at
MidHudson Regional Hospital



David Cho, M.D., FACP

AREAS OF EXPERTISE:

- Internal Medicine

OFFICE(S):

Poughkeepsie - North Road



**Davide Michael
DeBellis, M.D., FACP**

AREAS OF EXPERTISE:

- Internal Medicine
- Heart disease & Hypertension
- Obesity
- Mood disorders

OFFICE(S):

Poughkeepsie - Atrium at
MidHudson Regional Hospital



Michael J. Gaesser, M.D., FACP

AREAS OF EXPERTISE:

- Internal Medicine

OFFICE(S):

Poughkeepsie - Atrium at MidHudson
Regional Hospital



Alan H. Gross, M.D. FCCP

AREAS OF EXPERTISE:

- Internal Medicine
- Pulmonary Medicine

OFFICE(S):

Poughkeepsie - Atrium at
MidHudson Regional Hospital



Elliot Levine, M.D.

AREAS OF EXPERTISE:

- Internal Medicine

OFFICE(S):

Poughkeepsie - North Road



Kathleen Mantaro, MD, FACP

AREAS OF EXPERTISE:

- Internal Medicine

OFFICE(S):

Fishkill - Westage Business Center



Lorraine Nardi, M.D.

AREAS OF EXPERTISE:

- Internal Medicine
- Nephrology

OFFICE(S):

Poughkeepsie - Atrium at
MidHudson Regional Hospital



Chinyere Ofonagoro, M.D.

AREAS OF EXPERTISE:

- Internal Medicine
- Women's Health

OFFICE(S):

New Windsor



Anita V. Pavels, M.D.

AREAS OF EXPERTISE:

- Internal Medicine

OFFICE(S):

Poughkeepsie - North Road



Frank Pedevillano, D.O.

AREAS OF EXPERTISE:

- Family Medicine

OFFICE(S):

Poughkeepsie - Springside Ave.



Thomas Robinson, M.D.

AREAS OF EXPERTISE:

- Family Medicine

OFFICE(S):

Poughkeepsie - Springside Ave.



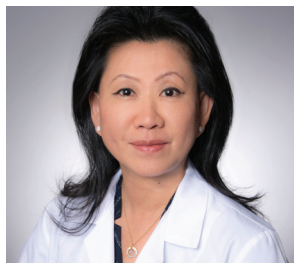
Amani Sargios, M.D.

AREAS OF EXPERTISE:

- Internal Medicine

OFFICE(S):

Poughkeepsie - North Road



Sunhee D. Woo, M.D., FACP

AREAS OF EXPERTISE:

- Internal Medicine

OFFICE(S):

Poughkeepsie - Dutchess Turnpike

Phlebotomy Services

Premier's On-site Phlebotomy Patient Service Centers, conveniently located in Poughkeepsie, Fishkill and New Windsor, allow our patients a convenient way to get the test that they need as quickly as possible. It also means your results are sent directly to your physician without any delays.

To schedule your Lab or Imaging appointment, visit:
www.premiermedicalhv.com/lab-and-imaging

ALLIED PROFESSIONALS:



Mele T. Cattell, PA

OFFICE(S):

Poughkeepsie - Atrium at
MidHudson Regional Hospital



Mark Farrell, PA-C

OFFICE(S):

Poughkeepsie - MHRH



Raymond Kruk, FNP

OFFICE(S):

Poughkeepsie - North Road



Dorothy Gioia, FNP-BC

OFFICE(S):

Fishkill - Westage Business Center



Juliet West, FNP-BC

OFFICE(S):

Poughkeepsie - Dutchess Turnpike

PODIATRY

Premier Medical Group's Podiatry division provides expert diagnosis and treatment for a wide range of podiatric conditions, including corns, calluses, ingrown toenails, bunions, heel spurs, arch problems, ankle and foot injuries, deformities, infections and foot complaints associated with diseases such as diabetes.

OFFICE LOCATIONS

● Cecilwood Prof. Building

969 Main Street,
Suite 5
Fishkill, NY 12524
Tel: 845-897-9797

● 696 Dutchess Turnpike

Poughkeepsie, NY 12603
Dr. Parajon Tel: 845-451-7266
Drs. Jabbour, Siegel and Summers Tel: 845-454-0630



Dany Jabbour, D.P.M.

AREAS OF EXPERTISE:

- Podiatric Medicine

OFFICE(S):

Poughkeepsie - Dutchess Turnpike



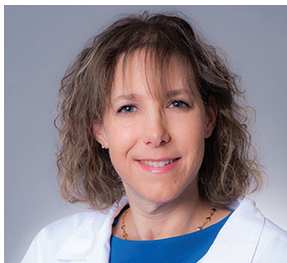
**Robert C.
Parajon, D.P.M., FACPS**

AREAS OF EXPERTISE:

- Podiatric Medicine

OFFICE(S):

Poughkeepsie - Dutchess Turnpike
Fishkill - Cecilwood Prof. Building



Audra Siegel, D.P.M.

AREAS OF EXPERTISE:

- Podiatric Medicine

OFFICE(S):

Poughkeepsie - Dutchess Turnpike



F. Gabrielle Summers, D.P.M.

AREAS OF EXPERTISE:

- Podiatric Medicine

OFFICE(S):

Poughkeepsie - Dutchess Turnpike

NEUROLOGY

Premier Medical Group's Neurology division provides comprehensive evaluation and treatment of all adult neurological disorders that involve the brain and nervous system.



Misha N. Kuchеров, M.D.

AREA OF EXPERTISE

- Neurology

OFFICE LOCATION

- **Medical Arts Building**
243 North Road, Suite 103
Poughkeepsie, NY 12601
Tel: 845-454-0728

ALLIED PROFESSIONALS:



Alomie McCallum, FNP-BC

For further information regarding common conditions, symptoms, viable treatments, research and more, please visit one of our specialty pages.

Learn More: www.premiermedicalhv.com/specialties

PEDIATRICS



Premier's Pediatric division cares for children from birth to age 21 and provides them with the highest quality pediatric care in the Hudson Valley. To acknowledge that vital role in your children's lives, our Pediatric division is recognized as a NCQA-certified Patient Centered Medical Home.

Our clinicians, nurses and support staff work together to ensure that your child has routine well-child exams and age-appropriate screening tests. We are available 24/7 to answer your medical questions. We help keep track of your specialist appointments and we call you for follow up after trips to the urgent care center or emergency room.

OFFICE LOCATIONS

- **Atrium at MidHudson Regional Hospital**
1 Webster Avenue, Suite 302
Poughkeepsie, NY 12601
Tel: 845-454-4200
- **200 Westage Business Center Drive**
Suite 111, Fishkill, NY 12524
Tel: 845-896-4505



Parvaneh Borojeni, M.D.

AREAS OF EXPERTISE:

- Pediatric Medicine

OFFICE(S):

Fishkill



Joseph Calabro, M.D., FAAP

AREAS OF EXPERTISE:

- Pediatric Medicine

OFFICE(S):

Poughkeepsie



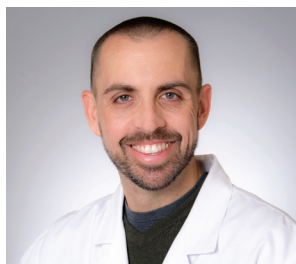
Kimberly Clare, M.D., FAAP

AREAS OF EXPERTISE:

- Pediatric Medicine

OFFICE(S):

Poughkeepsie



Christian Hietanen, D.O.

AREAS OF EXPERTISE:

- Pediatric Medicine

OFFICE(S):

Fishkill



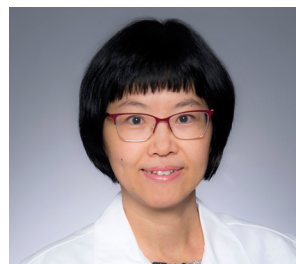
Cesar Villaflor, M.D., FAAP

AREAS OF EXPERTISE:

- Pediatric Medicine

OFFICE(S):

Fishkill



Sharon Wu, M.D.

AREAS OF EXPERTISE:

- Pediatric Medicine

OFFICE(S):

Poughkeepsie

ALLIED PROFESSIONALS:



Asena DerOhannesian, CPNP

OFFICE(S):

Poughkeepsie

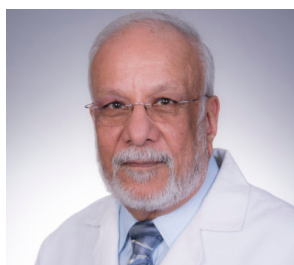
CARDIOLOGY

Premier's Cardiology division provides a comprehensive approach to managing conditions of the heart, blood vessels, coronary artery disease & peripheral arterial disease, and circulation system through early detection, treatment, lifestyle adjustment and appropriate use of advanced medical technology. The Cardiology clinic offers a full range of advanced services including: Echocardiogram, Electrocardiogram (EKG), Exercise Stress Tests, Pulse Volume Recording (PVR) Testing, Holter Monitoring, Prothrombin Time and International Normalized Ratio (PT/INR) Monitoring, Carotid Ultrasounds, Shape Testing, Pacemaker Clinics, and in-house lab services.

OFFICE LOCATIONS

● **5 Jeanne Drive**
Suite 7, Newburgh, NY 12550
Tel: 845-565-4400

● **Medical Arts Building**
243 North Road
Poughkeepsie, NY 12601
Tel: 845-565-4400



Munir A. Shikari, M.D.

AREAS OF EXPERTISE:

- Cardiology

OFFICE(S):

Newburgh
Poughkeepsie - North Road



**Mehul P. Patel, M.D., FACC,
FSCAI**

AREAS OF EXPERTISE:

- Cardiology
- Cardiac CT Angiography

OFFICE(S):

Newburgh
Poughkeepsie - North Road



Nirav D. Shah, M.D., FACC

AREAS OF EXPERTISE:

- Cardiology
- Interventional Cardiology
- Nuclear Cardiology

OFFICE(S):

Newburgh
Poughkeepsie - North Road

DERMATOLOGY

Premier Medical Group's Dermatology division offers comprehensive diagnostic and treatment methods for conditions that affect the skin, hair and nails. The division is well-equipped with the latest technologies and offers advanced treatments in medical, surgical and cosmetic dermatology for a wide range of skin conditions ranging from common skin problems, skin allergies to complex skin issues like skin cancer.

OFFICE LOCATIONS

- **Medical Arts Building**
243 North Road, Suite 202
Poughkeepsie, NY 12601
Tel: 845-451-7272



Mays Al-Shaer, M.D.

AREA OF EXPERTISE

- Dermatology

COSMETIC DERMATOLOGY AT PREMIER

Premier's Dermatology division also specializes in cosmetic injectables: BOTOX®, JUVÉDERM® and VOLUMA®

To learn more about our cosmetic treatments, visit:
www.premiermedicalhv.com/dermatology

RHEUMATOLOGY

Premier Medical Group's Rheumatology division provides expert diagnosis and treatment for rheumatic conditions, including rheumatoid arthritis, lupus, sjogren's syndrome, scleroderma, gout, pseudogout, vasculitis, osteoarthritis and osteoporosis among many other musculoskeletal and autoimmune disorders.

OFFICE LOCATIONS

- **955 Little Britain Road**
New Windsor, NY 12553
Tel: 845-614-0700
- **400 Westage Business Center Drive, Suite 205**
Fishkill, NY 12524
Tel: 845-790-6871



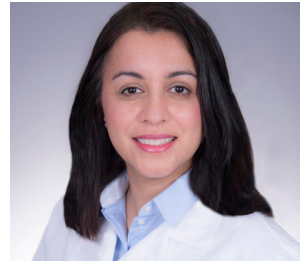
Sheeja Francis, M.D., FACR

AREAS OF EXPERTISE:

- Rheumatology

OFFICE(S):

New Windsor - Little Britain Road



Sophia Khan, M.D., FRCPC

AREAS OF EXPERTISE:

- Rheumatology

OFFICE(S):

Fishkill

Phlebotomy Services

Premier's On-site Phlebotomy Patient Service Centers, conveniently located in Poughkeepsie, Fishkill and New Windsor, allow our patients a convenient way to get the test that they need as quickly as possible. It also means your results are sent directly to your physician without any delays.

Radiology Services

For the convenience of our patients, Premier Medical Group also offers many diagnostic imaging services in-house. Quality, service and patient satisfaction is Premier Medical Group's top priority. Radiology services offered include: X-ray, Computerized Tomography (CT Scan), Ultrasound, and Coronary Calcium Scan.

To schedule your Lab or Imaging appointment, visit:

www.premiermedicalhv.com/lab-and-imaging



PATIENT PORTAL

Manage Your Healthcare Online, Anytime!

Premier's Patient Portal allows our patients to communicate with the practice easily and safely. Using a secure password, patients can log into the online Patient Portal 24 hours a day, 7 days a week.

SIGNING UP IS EASY

Stop by the front desk at your provider's office and request an activation code or scan the code below to get started.



view personal
health
information



send a
message to
your care team



request
an
appointment



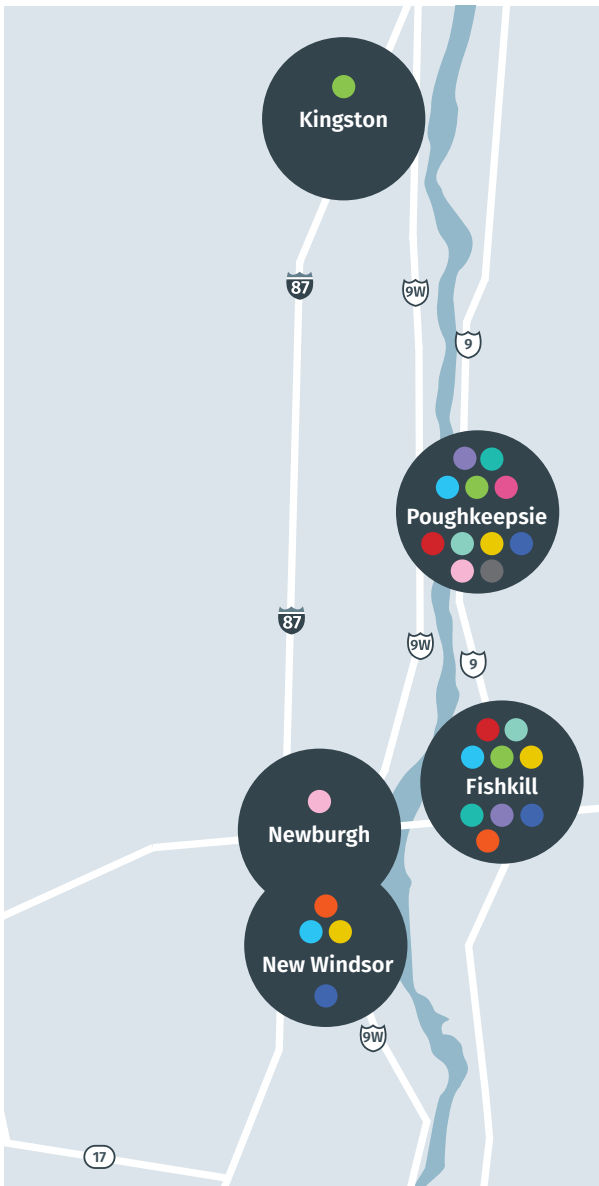
request
prescription
refills

Simply scan the QR code
with your phone's camera to
request your activation code!



view account
statements and
pay bills

Office Locations



- **Cardiology**
Newburgh
Poughkeepsie
- **Dermatology**
Poughkeepsie
- **Endocrinology**
Poughkeepsie
Fishkill
- **Gastroenterology**
Fishkill
New Windsor
Poughkeepsie
- **Gynecology**
Poughkeepsie
Fishkill
New Windsor
- **Internal Medicine**
Fishkill
New Windsor
Poughkeepsie
- **Neurology**
Poughkeepsie
- **Pediatrics**
Fishkill
Poughkeepsie
- **Premier Women's Center**
Poughkeepsie
- **Podiatry**
Fishkill
Poughkeepsie
- **Rheumatology**
Fishkill
New Windsor
- **Urology**
Fishkill
Kingston
New Windsor
Poughkeepsie



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Check out our Facebook page for the latest news and healthy tips.